

Reef and Rainforest Tours



Peru's Inca Heartland and Amazonian Wildlife

Set Departures - Led by Local Naturalist Guides

25 May – 9 June 2012

29 June – 14 July 2012

27 July – 11 August 2012

17 August – 1 September 2012

31 August – 15 September 2012

14 – 29 September 2012

28 September - 13 October 2012

Peru's Inca Heartland and Amazonian Wildlife

Set Departures - Led by Local Naturalist Guides

This itinerary combines all that makes Peru such a wonderful destination: the Inca ruins of Machu Picchu, the Andean city of Cusco and the fabulous Manu National Park. After a tour and perhaps some independent wanderings around the colourful former Inca capital of Cusco with its remnant stone walls revealing the Incas mastery of masonry and its colonial Spanish architecture, enjoy a scenic train ride to Aguas Calientes, gateway to majestic Machu Picchu. These hilltop ruins are breathtaking to behold, perched precariously atop a verdant mountain, and a guided tour will reveal its secrets.

Then comes a natural history extravaganza: Manu National Park and Peru's Amazonia. The park starts high in the Andes with puna habitat, remarkable, stunted Alpine-like vegetation cloaked in mist. From the highlands, you wind your way down a road through an extraordinary world of forested cliffs, waterfalls and gorges staying in a lodge set in atmospheric cloud forest. Here you will observe the cock-of-the-rock displaying and, if lucky, spot woolly monkeys and the elusive spectacled bear. Reach the river lowlands and boat to Boca Manu, then penetrate deep into Manu National Park's protected rainforests to a tented camp. Here you should see many of the 13 species of monkeys, caiman, giant river otter and hundreds of birds that call the national park home.

Leave the actual park after two nights and travel downstream to a lodge where you might spy nocturnal tapirs at the world's largest known tapir clay lick, and see one of the avian world's greatest spectacles: the macaw clay lick. This combination of locations is hard to beat, and the tour will thrill you all the way through.



Peru's Inca Heartland and Amazonian Wildlife

16 DAYS – LED BY LOCAL NATURALIST GUIDES

TOUR IN BRIEF

- Day 01: Fly overnight from LONDON HEATHROW to LIMA on LANPERU.
- Day 02: Arrival in LIMA and connect with flight to CUSCO. Rest of day at leisure. O/n PICOAGA HOTEL, BB.
- Day 03: Overland to the MANU CLOUD FOREST. O/n COCK OF THE ROCK LODGE, FB.
- Day 04: Visit the Andean Cock of the Rock display ground then transfer by road and boat in to MANU NATIONAL PARK. O/n ROMERO LODGE, FB.
- Day 05: Hike the trails and explore Cocha Salvador oxbow lake. O/n AGUAJE TENTED CAMP, FB.
- Day 06: Hike the trails and explore Cocha Otorongo oxbow lake. O/n ROMERO LODGE, FB.
- Day 07: Travel by boat down the Manu and Madre de Dios Rivers. Afternoon trail hikes. O/n MANU WILDLIFE CENTRE (MWC), FB.
- Day 08: Visit macaw clay lick, hike rainforest trails & explore the canopy. O/n MWC, FB.
- Days 09 & 10: Explore the trails, oxbow lakes and visit the tapir clay lick. O/n MWC, FB.
- Day 11: Transfer by boat/road to PUERTO MALDONADO. Fly to CUSCO and transfer to the SACRED VALLEY OF THE INCAS. O/n SOL y LUNA HOTEL. BB.
- Day 12: Visit PISAC MARKET and OLLANTAYTAMBO with private guide. O/n SOL y LUNA HOTEL. BB.
- Day 13: Scenic train ride to MACHU PICCHU. Visit the Inca citadel accompanied by a private guide. Return to CUSCO in the afternoon. O/n PICOAGA HOTEL, BB.
- Day 14: Private guided tour of CUSCO and surrounding Inca sites. Afternoon at leisure. O/n PICOAGA HOTEL, BB.
- Day 15: Transfer to airport and fly to LIMA with onward connection on LANPERU to LONDON HEATHROW.
- Day 16: Arrive LONDON HEATHROW.

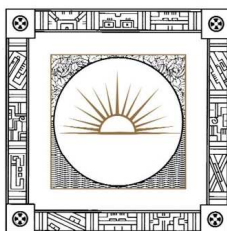
<i>Departure Dates from London</i>	<i>Adult Price</i>	<i>Single Supplement</i>
25 May 2012	£3,640	£550
29 June 2012	£3,955	£550
27 July 2012	£4,320	£550
17 August 2012	£3,880	£550
31 August 2012	£3,835	£550
14 September 2012	£3,670	£550
28 September 2012	£3,745	£550

Minimum group size in Manu 2, max 10 plus naturalist guide.

NB: Prices include full board accommodation, economy flights, transfers, guided activities and the peace of mind of knowing that your payments are fully protected by ATOL. Not included are drinks from the bar, gratuities, insurance or departure taxes.

NB: The 9 day Manu trip can be booked separately at a cost of £1,630 GBP per person in twin/double accommodation.

NB: Extensions are possible to other areas of Peru such as Lake Titicaca, Arequipa and the Colca Canyon, and Paracas - please call for details.



PERU'S INCA HEARTLAND AND AMAZONIAN WILDLIFE

DETAILED ITINERARY

Day 01 Depart LONDON HEATHROW at 1935 on LANPERU flight LA8017 (operated by IBERIA). Arrive in MADRID at 2200.

Day 02 Connect with LA2707 to LIMA, departing at 0015. Arrive LIMA at 0530 and connect with LA2029 to CUSCO, arriving at 0815. Met on arrival and transfer to the hotel. The rest of the day is at leisure to relax and acclimatise to the altitude.

O/n PICOAGA HOTEL, BB. This four star hotel was once a 17th century mansion of a Spanish noble and is conveniently located 1.5 blocks from Cusco's main square. There are lovely views across the city's rooftops from the hotel's top floor restaurant.

Day 03 Pick up from the hotel by shared vehicle to start your MANU OVERLAND TOUR. Ascend into the Andes stopping along the way for various high altitude wildlife highlights including the giant hummingbird, Puna teal, Andean duck, and Puna ibis; various photo opportunities; a group of pre-Inca "Chullpas" or funerary monuments; and the colourful colonial town of PAUCARTAMBO.

As you reach the Acjanaco pass, near the southernmost tip of Manu, a delicious lunch is the perfect complement to the magnificent views of the puna high altitude forest, the lower cloud forest, and the lowland Amazon Basin below. You will spend the rest of the day descending firstly through elfin forest and then extensive cloud forest before arriving at the lodge.

The lush and misty cloud forest is perhaps the most fragile and threatened type of rainforest. This forest, which starts from 11,000 feet, and continues down to about 5,000 feet of elevation, covers the eastern slopes of the Andes, before yielding to the vast lowland forest of the



Amazon. This is a kingdom of moss, lichens, ferns, and orchids, which in some cases grow up to 33 feet per year.

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If time allows, you will enjoy a late afternoon guided walk to hopefully observe woolly monkeys and birds such as the emerald toucanet, torrent duck, golden-headed quetzal, grey-breasted mountain-toucan, Amazonia umbrellabird, blue-banded toucanet, fruit-eating tanagers, red-crested cotinga, banded-tail fruit-eater, tyrant flycatchers and the blue-crowned mot-mot. Shortly before dark we will proceed to a nearby cock-of-the-rock lek to see the vibrant males in full display.

O/n COCK-OF-THE-ROCK LODGE, FB. Located at almost 1600 metres the lodge has a private 12,500-hectare cloud forest reserve that is home to large numbers of birds and endangered mammals including woolly monkeys and spectacled bear (though rarely seen!).

The lodge has fairly basic rooms with no electricity, but the bathrooms are ensuite, there is plenty of hot water for showers and excellent home cooked food. The gardens are laid out with flowering plants and fruit trees attracting a large number of birds and animals to the lodge and neighbouring the property is one of the region's largest cock-of-the-rock leks.

Day 04

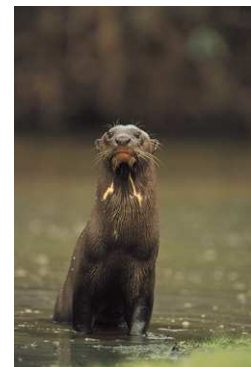
An early start for another visit to the lek where the brightly red-coloured cocks-of-the-rock display for the females. Drive to ATALYA and then board a boat to travel down the ALTO MADRE DE DIOS RIVER to the MANU RIVER. Here you will leave the relatively clear waters of the Madre de Dios River behind as you travel about an hour up the clay laden Manu River to the lodge. During this full day journey you will pass through miles of pristine rainforest where you may encounter black caimans, white caimans, toucans, parrots, scores of wild macaws and several species of raptors.



O/n ROMERO RAINFOREST LODGE, FB. Hidden from view on the banks for the Manu River in the Manu National Park, Romero Rainforest Lodge has 8 ensuite twin rooms with hot showers, and a large lounge/dining room.

Day 05

Head up river to COCHA SALVADOR by boat passing beaches with nesting birds, and feeding herons, egrets, Orinoco geese, terns and skimmers. White and black caiman, and breeding side-necked turtles will be seen, and hundreds of sand-coloured nightjars roost during the day on riverside logs and beaches. Jaguars have also been spotted during this journey.



Cocha Salvador is the largest of the areas lakes, and also has a resident family of giant otters. The lake is explored from a floating catamaran platform which affords superb views of the lakeside wildlife including macaws, monkeys and caiman.

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O/n AGUAJE TENTED CAMP, FB. This camp lies just across the Manu River from the trail to Salvador oxbow lake, the largest and most beautiful of Manu's lakes. It features spacious double-occupancy room-size tents with hinged doors and wooden floors. Each tent is fully screened, with a floor raised on wooden stilts to provide maximum ventilation and coolness, and protection from flooding and insects. A palm thatch roof shelter overhead completes the structure. Each of the extra-long twin beds has a mosquito net.



The camp also features an elevated, screened dining room with wooden floor and a separate complex of shared hot-water showers and flush toilets.

Day 06

This morning visit COCHA OTORONGO. The trail to the lake is located 30 minutes downstream from the camp. On the short trail to the lake sightings of some of the 13 species of monkeys that inhabit the surrounding forest are common. Boats are not permitted on the lake, but there are two dock platforms and a 15-metre tower where the lake's wildlife can be observed, with good chances of sighting the resident family of giant otters. Boat back to Romero Lodge in the afternoon. O/n ROMERO RAINFOREST LODGE, FB.

Day 07

Set off downriver at dawn when the opportunities for wildlife viewing along the river bank are excellent, arriving at MANU WILDLIFE CENTRE for lunch.

The afternoon is set aside to relax, explore one of the trails, or experience the rainforest from a canopy platform. Those who wish can also participate in a night walk after supper.

O/n MANU WILDLIFE CENTRE, FB. Located in a private 40,000 acre rainforest reserve and adjacent to the 1 million acre Amarakaeri Reserved Zone, the well-appointed lodge has 22 comfortable, spacious, and fully screened private bungalows each with hot water shower and toilet. There is also a large fully screened dining room serving delicious meals and a bar with comfy chairs for relaxing.



The lodge has no electricity; lighting in the communal areas is by kerosene lamp and candles, with the paths around the lodge complex lit by kerosene lamps. Lighting in the guests' bedrooms is by candle. An 110V generator is available from which camera batteries can be recharged.

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Day 08

Another early start for a short boat ride downstream. A 20-minute trail leads to a cut off channel of the river where the BLANQUILLO MACAW CLAY LICK can be found. Enjoy a hearty breakfast as first hundreds of parrots, including mealy, yellow-crowned and orange-cheeked, arrive to eat the clay. These are joined by the larger red-and-green macaws who arrive in groups of twos and threes to provide on one of the most colourful (and noisiest!) spectacles in the Amazon. Return to the lodge for lunch.



In the afternoon visit the canopy tower, or explore some of the trails in search of the 12 species of primates and in excess of 500 bird species which inhabit the surrounding rainforest. The rare Goeldi's monkey has repeatedly been seen in this area. O/n MANU WILDLIFE CENTRE, FB.

Days 09 & 10 Two full days to explore the forest and trails around the lodge, including a large mammal clay lick where guans and forest parakeets and parrotlets come to eat the clay. Here too deer, peccaries and occasionally red howler and spider monkeys visit to eat the clay which aids their digestion. This is also the most active tapir clay lick known in the Amazon. Research has shown 8 – 12 individual tapirs, South America's largest land animal, come to the lick to eat the clay.



The lick features a roomy, elevated observation platform 5-metres above the forest floor equipped with mattresses, pillows and mosquito nets, and a 50-metre padded walkway to prevent noise from the approaching guests.

On one of the days there will also be an opportunity to visit COCHA BLANCO, home to a resident family of giant otters and rich in birdlife including the punk-crested hoatzin. O/n MANU WILDLIFE CENTRE, FB.

Day 11

Boat downstream to the frontier gold town of BOCA COLORADO. From here it is one hour by road to the Inambari River, a short crossing to SANTA ROSA, and a three-hour road transfer to PUERTO MALDONADO. Depart at 1400 on LANPERU flight LA2072 to CUSCO, arriving at 1455. Met on arrival and transfer to the SACRED VALLEY OF THE INCAS.

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O/n SOL Y LUNA HOTEL, BB. The beautiful hotel of Sol y Luna is located just half a mile from the town of Urubamba in the Sacred Valley of the Incas. Built from local materials, Sol y Luna's 43 bungalows are made up of 33 doubles, 2 triples, 3 family bungalows and 5 suites, all set within a colourful garden. All bungalows are ensuite and have king-size beds and private verandas. The Killa Wasi Restaurant features Novo Andino cuisine, a distinctive blend of Andean, coastal and international flavours. The Chicha Wasi pub above the restaurant features a full international bar.



Day 12

The Sacred Valley was once the agricultural heart of the Inca Empire and is still an important population centre. Accompanied by your PRIVATE guide visit the colourful indian market in the town of PISAC, famous for its huge and varied collections of multi-coloured beads that are on sale, as well as numerous handicrafts. Though there are lots of visitors, it is still a colourful spectacle!

After lunch at a local restaurant in the valley visit the town of OLLANTAYTAMBO, which has been built on top of an old Inca town, and explore the temple fortress, which overlooks this town. Lunch is included today. O/n SOL Y LUNA HOTEL, BB.



Day 13

Transfer to Ollanta train station for the 1½ hour journey to AGUAS CALIENTES. Around a mile from MACHU PICCHU, this small town is conveniently located for exploration of the Inca ruins.



No Inca site is more famous than Machu Picchu, which lay 'undiscovered' until Hiram Bingham stumbled upon it in 1911. Board buses and journey half an hour to the 'Lost city of the Incas'. (Cont.../)

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(Cont.../)

Spend the morning in guided and individual exploration of the ruins and discover in all its' splendour the harmonious mixture of architecture and natural topography so typical of Inca town planning. In the late afternoon travel by train to CUSCO. O/n PICOAGA HOTEL, BB.

Day 14

Spend the morning in guided exploration of Cusco and the surrounding Inca sites.

Once the capital of the mighty Inca Empire, Cusco is now a lively colourful city with beautiful colonial churches, monasteries and convents, as well as extensive Inca ruins both within the city and in the surrounding countryside.

Visit fine examples of both Incan and Spanish colonial architecture at Koricancha, the Incan Temple of the Sun, and at the main Cathedral in the central plaza. A visit to the sites above Cusco includes the Inca fortress of Sacsayhuaman, whose giant boulders are placed to resemble a jaguar with an open mouth.



The afternoon is at leisure. O/n PICOAGA HOTEL, BB.

Day 15

Morning at leisure. In the afternoon transfer to CUSCO AIRPORT. Depart at 1430 on LANPERU flight LA2040 to LIMA. Connect at 1910 with flight LA2706 to MADRID.

Day 16

Arrive MADRID at 1400. Connect at 1630 with LA8018 (operated by IBERIA) to LONDON HEATHROW, arriving at 1750.



IMPORTANT NOTES TO ACCOMPANY THE ABOVE ITINERARY

NB: Extensions can be taken to visit other areas of Peru. This tour can also be followed on a private basis, prices on request.

NB: This tour will not have a specific tour leader throughout, however in the Amazon you will be accompanied by a local naturalist guide, and by a cultural guide in Cusco and Machu Picchu.

NB: All itineraries are subject to change without notice to take into account possible airline flight schedule changes which can take place before departure date or during the tour, and other operational factors.

NB: The quoted price for the above itinerary is based on current airline fares (both international and domestic), current exchange rates, fuel surcharges and flight taxes. These (and other tour costs) may be subject to unanticipated increases beyond our control at short notice, either before or after you have booked the tour, in which case the price would need to be revised accordingly.

NB: This tour involves some travel in remote areas. This adds to the adventure and increases the opportunity to enjoy a true wildlife experience. However, due to terrain, weather, road conditions, and other factors beyond our control, some elements of the tour may have to be altered. Times of some activities may need to be changed or even cancelled due to the conditions. If an activity is cancelled it will usually be replaced with an alternative activity that is more appropriate for the conditions. Advance notice will be given for any changes where possible, although at times changes may need to be made whilst the tour is in progress.

NB: Prices are based on a specific airlines and specific economy seating classes. Flights are booked on an ad hoc basis and so early booking is recommended to take advantage of the cheapest fare availability. Prices may rise if a more expensive seat class needs to be booked. Please call for information on price variations for using alternative airlines or for seat upgrades.

NB: Adequate insurance cover is mandatory. Please supply us with details of your cover.

NB: Some service providers may require that guests sign an indemnity waiver form and may refuse services if these forms are not signed. Reef and Rainforest Tours cannot give refunds for services not provided due to a refusal to sign such forms

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